|  |
| --- |
| **PSHE Skills***Expected by End of Year 6* |
| **Living in the Wider World** |
| **How can I show tolerance and respect? (Diverse Britain)*** I can show ways in which I respect people from all other faiths and ethnicities.
* I know what it means to belong to a community.
* I know how laws can help me.
* I can discuss local government in relation to democracy and human rights,
* I can identify how charities and voluntary groups help meet the needs of people in the community.
* I can show empathy for those who are experiencing disrespect.
* I can think what life would be like without rules and a society.

. | **How can I ensure I help save the planet? (One World)*** I can say what a responsible citizen is
* I can describe what I can do in order to prevent global warming getting worse.
* I can explain how energy use can be changed to help
* I know responsible ways I can save water
* I understand the importance of biodiversity.
* I know ways in which I can encourage others to be responsible citizens.
 | **How can money affect us? (Money Matters)*** I am starting to learn how to budget and how that can affect people’s lives.
* I can describe what finance is.
* I can be a critical customer
* I can give a definition to interest, loan, debt and tax.
* I am beginning to understand how resources are allocated to different people and how it affects them.
* I can understand how money is distributed across the country and how this affects the environment.
* I can say the benefits of fair trade
 | **What skills does a successful person have? (Aiming High)*** I can say how I learn in the best way possible.
* I know barriers that I have that will prevent success.
* I know what opportunities may be available to me in the future.
* I know there are different opinions when I leave school.
* I know how to set achievable goals.
* I know that everyone will face different challenges in life.
* I know the core skills when working in a group.
 |
| **Relationships** |
| **How can I show my feelings in a clear way? (Be Yourself)*** I understand different feelings and how to communicate them in lots of different situations.
* I know ways in which I can manage my uncomfortable feelings.
* I know and can discuss different fight or flight situations.
* I know the impact of making amends when a mistake has been made
 | **How can I be an effective member of a team? (TEAM)*** I can show successful teamwork skills.
* I can disagree respectfully.
* I can reflect on my role in a group.
* I can explain the effect of unkind behaviour on others.
* I can show ways that I care for my team mates.
* I can discuss consequences for breaking laws and rules.
* I can discuss the statement ‘Should we always say what we think?’
 | **What does it mean to feel to be pressured? (VIPs)*** To write and explain what I should I do when I feel pressured in a situation
* I know what the difference is between a healthy and unhealthy relationship.
* I know when and when not it is safe to keep a secret.
* I know ways in which I can avoid pointless disagreements.
* I know the best calming situations to use in different situations.
* I can give examples of how different opinions can be given in a respectful way.
 | **How can I mange my digital wellbeing? (Digital wellbeing)*** I can look after my own digital wellbeing
* I know ways to stay safe, healthy and happy online
* I can develop safe and respectful online relationships
* I can identify online bullying and what I can manage by myself and when I need others to intervene.
* I know how time online affects wellbeing,
 |
| **Health and Wellbeing** |
| **How can I keep my body safe? (It’s my body)*** I can define consent and autonomy
* I can explain the importance of vaccinations and immunisations.
* I understand why I need to change habits and routines when I’m older.
* I can identify where pressure comes from to try harmful substances.
* I know choices of my body has consequences.
 | **What am I responsible for? (Safety first)*** I know what responsible means
* I can assess the level of risk
* I know who can help in an emergency.
* I know which household items contain chemicals.
* I can consider the impact of accepting a dare.
 | **How can I show my feelings to others? (Think positive)*** I know how my thoughts, feelings and behaviours can influence others.
* I can say how intense my feelings are,
* I know strategies for unhelpful thoughts.
* I can make informed choices.
* I know the difference between a growth and mixed mindset.
 | **Drugs and Alcohol (CWP)*** I know and understand the risks, effects and laws relating to cannabis.
* To understand the risk of volatile substance abuse (VSA)
* To be aware of the options for getting help and support
 |

|  |
| --- |
| **PSHE Assessment***Expected by End of Year 6* |
| **Living in the wider world** |
| **Below Expectation**  | **Above Expectation** |
| **Relationships** |
| **Below Expectation** | **Above Expectation** | **Below Expectation** | **Above Expectation** |
| **Health and wellbeing** |
| **Below Expectation** | **Above Expectation** | **Below Expectation** | **Above Expectation** |