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| **PSHE Skills**  *Expected by End of Year 6* | | | | | | | |
| **Living in the Wider World** | | | | | | | |
| **How can I show tolerance and respect? (Diverse Britain)**   * I can show ways in which I respect people from all other faiths and ethnicities. * I know what it means to belong to a community. * I know how laws can help me. * I can discuss local government in relation to democracy and human rights, * I can identify how charities and voluntary groups help meet the needs of people in the community. * I can show empathy for those who are experiencing disrespect. * I can think what life would be like without rules and a society.   . | | | **How can I ensure I help save the planet? (One World)**   * I can say what a responsible citizen is * I can describe what I can do in order to prevent global warming getting worse. * I can explain how energy use can be changed to help * I know responsible ways I can save water * I understand the importance of biodiversity. * I know ways in which I can encourage others to be responsible citizens. | | | **How can money affect us? (Money Matters)**   * I am starting to learn how to budget and how that can affect people’s lives. * I can describe what finance is. * I can be a critical customer * I can give a definition to interest, loan, debt and tax. * I am beginning to understand how resources are allocated to different people and how it affects them. * I can understand how money is distributed across the country and how this affects the environment. * I can say the benefits of fair trade | **What skills does a successful person have? (Aiming High)**   * I can say how I learn in the best way possible. * I know barriers that I have that will prevent success. * I know what opportunities may be available to me in the future. * I know there are different opinions when I leave school. * I know how to set achievable goals. * I know that everyone will face different challenges in life. * I know the core skills when working in a group. |
| **Relationships** | | | | | | | |
| **How can I show my feelings in a clear way? (Be Yourself)**   * I understand different feelings and how to communicate them in lots of different situations. * I know ways in which I can manage my uncomfortable feelings. * I know and can discuss different fight or flight situations. * I know the impact of making amends when a mistake has been made | **How can I be an effective member of a team? (TEAM)**   * I can show successful teamwork skills. * I can disagree respectfully. * I can reflect on my role in a group. * I can explain the effect of unkind behaviour on others. * I can show ways that I care for my team mates. * I can discuss consequences for breaking laws and rules. * I can discuss the statement ‘Should we always say what we think?’ | | | **What does it mean to feel to be pressured? (VIPs)**   * To write and explain what I should I do when I feel pressured in a situation * I know what the difference is between a healthy and unhealthy relationship. * I know when and when not it is safe to keep a secret. * I know ways in which I can avoid pointless disagreements. * I know the best calming situations to use in different situations. * I can give examples of how different opinions can be given in a respectful way. | | | **How can I mange my digital wellbeing? (Digital wellbeing)**   * I can look after my own digital wellbeing * I know ways to stay safe, healthy and happy online * I can develop safe and respectful online relationships * I can identify online bullying and what I can manage by myself and when I need others to intervene. * I know how time online affects wellbeing, |
| **Health and Wellbeing** | | | | | | | |
| **How can I keep my body safe? (It’s my body)**   * I can define consent and autonomy * I can explain the importance of vaccinations and immunisations. * I understand why I need to change habits and routines when I’m older. * I can identify where pressure comes from to try harmful substances. * I know choices of my body has consequences. | | **What am I responsible for? (Safety first)**   * I know what responsible means * I can assess the level of risk * I know who can help in an emergency. * I know which household items contain chemicals. * I can consider the impact of accepting a dare. | | | **How can I show my feelings to others? (Think positive)**   * I know how my thoughts, feelings and behaviours can influence others. * I can say how intense my feelings are, * I know strategies for unhelpful thoughts. * I can make informed choices. * I know the difference between a growth and mixed mindset. | | **Drugs and Alcohol (CWP)**   * I know and understand the risks, effects and laws relating to cannabis. * To understand the risk of volatile substance abuse (VSA) * To be aware of the options for getting help and support |

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| **PSHE Assessment**  *Expected by End of Year 6* | | | |
| **Living in the wider world** | | | |
| **Below Expectation** | | **Above Expectation** | |
| **Relationships** | | | |
| **Below Expectation** | **Above Expectation** | **Below Expectation** | **Above Expectation** |
| **Health and wellbeing** | | | |
| **Below Expectation** | **Above Expectation** | **Below Expectation** | **Above Expectation** |