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| **PSHE Skills**  *Expected by End of Year 5* | | | |
| **Living in the Wider World** | | | |
| **What makes a community? (Diverse Britain)**   * I can say what the meaning of a community is. * I can describe different communities that I belong to. * I can explore differences between key communities which are special to me. * I can explain why laws are made. * I understand the importance of having an identity. * I can talk about the roles of charities within the community, | **What makes us enterprising? (Aiming High)**   * I understand that there are different ways of achieving and celebrating personal goals. * I have high aspirations for myself (links to core values) * I understand that there are different ways people learn. * I have a growth mindset and can share this with my friends. * I can describe the meaning of enterprise. * I know different stereotypes that I may encounter | **How can we manage our money? (Money Matters)**   * I can describe the role of money in society. * I can understand the importance of managing money properly. * I can be a critical customer. * I can describe some examples of fair trade. * I can talk about what a financial risk is. * I can talk about what tax is * I know why people may borrow money. | **How can we be a global citizen? (One World)**   * I know what a global citizen is * I can say what global warming is * I understand that human energy can damage the environment. * I know why we must not waste water. * I know what is meant by biodiversity. * I can understand that the choices we make can have far reaching consequences. |
| **Relationships** | | | |
| **How can I be my real self? (Be Yourself)**   * I know the difference between fitting in and real friendships. * I can say situations that would make people fight or flight and why. * I can start to resolve tricky situations. * I can identify times where I have made a mistake and how to make amends. | **How can I manage my emotions effectively? (VIPs)**   * I can show different ways in which we can demonstrate calmness, * I can discuss how I should manage disagreements. * I can think of ways to resist peer pressure. * I know which secrets are OK to keep and which are not. * I can identify different types of relationships. | **How can we be safe online and using social media? (Digital Wellbeing)**   * I understand online bullying is wrong and how to deal with it. * I know not all online information is true * I know how to look after our digital wellbeing * I can identify harmful or inappropriate online relationships * I can say the risks and benefits of social media | **How can I be respectful to those around me? (TEAM)**   * I can express my opinions respectfully. * I know what it means to work collaboratively, * I understand what compromise is * I can discuss different types of unkind behaviour. * I can show ways I can care for others * I know some shared responsibilities I have |
| **Health and Wellbeing** | | | |
| **What choices help health? (It’s my body)**   * I understand how to have a balanced lifestyle, both emotionally and physically. * I understand the importance of making informed choices. * I understand what is meant by a habit. * I can say positive aspects about me | **How can I manage the risks around me? (Safety First)**   * I know what a dare is and peer pressure. * I can seek help in risky situations * I know the key points of the firework code * I can list some dangers on the road, railways and water. | **How can I ensure I have good emotional wellbeing (Think Positive)**   * I can identify unhelpful thoughts * I can say why positive thoughts are beneficial. * I can discuss uncomfortable feelings. * I know what is needed for me to be a good listener. | **Drugs and Alcohol (CWP)**   * To understand a range of illegal and legal drugs including their risks and effects. * To know my attitudes and beliefs towards drugs and people who use drugs. * I know ways in which I can resist drug use. |

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| **PSHE Assessment**  *Expected by End of Year 5* | | | |
| **Living in the wider world** | | | |
| **Below Expectation** | | **Above Expectation** | |
| **Relationships** | | | |
| **Below Expectation** | **Above Expectation** | **Below Expectation** | **Above Expectation** |
| **Health and wellbeing** | | | |
| **Below Expectation** | **Above Expectation** | **Below Expectation** | **Above Expectation** |