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| **PSHE Skills***Expected by End of Year 5* |
| **Living in the Wider World** |
| **What makes a community? (Diverse Britain)*** I can say what the meaning of a community is.
* I can describe different communities that I belong to.
* I can explore differences between key communities which are special to me.
* I can explain why laws are made.
* I understand the importance of having an identity.
* I can talk about the roles of charities within the community,
 | **What makes us enterprising? (Aiming High)*** I understand that there are different ways of achieving and celebrating personal goals.
* I have high aspirations for myself (links to core values)
* I understand that there are different ways people learn.
* I have a growth mindset and can share this with my friends.
* I can describe the meaning of enterprise.
* I know different stereotypes that I may encounter
 | **How can we manage our money? (Money Matters)*** I can describe the role of money in society.
* I can understand the importance of managing money properly.
* I can be a critical customer.
* I can describe some examples of fair trade.
* I can talk about what a financial risk is.
* I can talk about what tax is
* I know why people may borrow money.
 | **How can we be a global citizen? (One World)*** I know what a global citizen is
* I can say what global warming is
* I understand that human energy can damage the environment.
* I know why we must not waste water.
* I know what is meant by biodiversity.
* I can understand that the choices we make can have far reaching consequences.
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| **Relationships** |
| **How can I be my real self? (Be Yourself)*** I know the difference between fitting in and real friendships.
* I can say situations that would make people fight or flight and why.
* I can start to resolve tricky situations.
* I can identify times where I have made a mistake and how to make amends.
 | **How can I manage my emotions effectively? (VIPs)*** I can show different ways in which we can demonstrate calmness,
* I can discuss how I should manage disagreements.
* I can think of ways to resist peer pressure.
* I know which secrets are OK to keep and which are not.
* I can identify different types of relationships.
 | **How can we be safe online and using social media? (Digital Wellbeing)*** I understand online bullying is wrong and how to deal with it.
* I know not all online information is true
* I know how to look after our digital wellbeing
* I can identify harmful or inappropriate online relationships
* I can say the risks and benefits of social media
 | **How can I be respectful to those around me? (TEAM)*** I can express my opinions respectfully.
* I know what it means to work collaboratively,
* I understand what compromise is
* I can discuss different types of unkind behaviour.
* I can show ways I can care for others
* I know some shared responsibilities I have
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| **Health and Wellbeing** |
| **What choices help health? (It’s my body)*** I understand how to have a balanced lifestyle, both emotionally and physically.
* I understand the importance of making informed choices.
* I understand what is meant by a habit.
* I can say positive aspects about me
 | **How can I manage the risks around me? (Safety First)*** I know what a dare is and peer pressure.
* I can seek help in risky situations
* I know the key points of the firework code
* I can list some dangers on the road, railways and water.
 | **How can I ensure I have good emotional wellbeing (Think Positive)** * I can identify unhelpful thoughts
* I can say why positive thoughts are beneficial.
* I can discuss uncomfortable feelings.
* I know what is needed for me to be a good listener.
 | **Drugs and Alcohol (CWP)*** To understand a range of illegal and legal drugs including their risks and effects.
* To know my attitudes and beliefs towards drugs and people who use drugs.
* I know ways in which I can resist drug use.
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| **PSHE Assessment***Expected by End of Year 5* |
| **Living in the wider world** |
| **Below Expectation**  | **Above Expectation** |
| **Relationships** |
| **Below Expectation** | **Above Expectation** | **Below Expectation** | **Above Expectation** |
| **Health and wellbeing** |
| **Below Expectation** | **Above Expectation** | **Below Expectation** | **Above Expectation** |