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| **PSHE Skills** *Expected by End of Year 3* | | | | | | |
| **Living in the Wider World** | | | | | | |
| **What is it like to live in Modern Britain? (Diverse Britain)**   * I can describe what it is like to live in Britain * I can talk about what democracy is * I can talk about what rules and laws are. * I can say what liberty means to me * I can describe what it means by a diverse society. * I can describe what it means to be British to me. | **What jobs would we like to do? (Aiming high)**   * I can discuss what my personal achievements and skills are * I can identify what a positive learning attitude is * I can talk about a range of jobs that people do * I can discuss what skills you need for different jobs * I can say what I might want to do when I’m older and what skills I would need. * I can work in groups in order to achieve shared goals. | | **How are people the same and different around the world? (One World)**   * I can describe similarities and differences between people’s lives * I can identify opinions which are different from my own * I can express my own opinions * I can recognise that my actions have an impact on other people around the world * I know what climate change is * I know there are organisations working to help people in challenging situations around the world. | | **Why do we need money? (Money Matters)**   * I can discuss where money comes from * I can talk about reasons that people go to work. * I am beginning to discuss what payment resources we can use to spend money * I can consider why and how people might get into debt * I know that we have choices in the way that we spend our money. * I know different ways in which we can track our money. | |
| **Relationships** | | | | | | |
| **Can we learn from our mistakes? (Be yourself)**   * I can give a list of my achievements and why I am proud of them. * I can change my facial expressions for different emotions. * I am able to deal with uncomfortable emotions. * I am beginning to think of positive solutions to problems. * I understand the messages and expectations from the media are not always realistic. * I can suggest ways to make things right after a mistake. * I know mistakes help me grow. | | **Why it is important to work as a team? (TEAM)**   * I can use pictures to express my thoughts, feelings and worries. * I can plan and create a role play about a team situation. * I can work as a team to problem solve activities. * I am beginning to identify feelings and how they are expressed. * With support, I can show a resolution to a dispute * I am beginning to think of ways I can complete good deeds for others. | | **How can we describe our feelings? (VIPs)**   * I can identify a wider range of feelings, including when I have conflicting feelings. * I am starting to develop resolution techniques. * I understand that I can complete a selfless act. * I am able to start noticing more emotions in those around me and how these affect friendships. * I can respond to those feelings that others feel. | **What are the positive and negative of the online world (Digital Wellbeing)**   * I can explain what to do if I see any online bullying * I can explain ways in which I can communicate safely online and identify ways to get support if I feel unsafe. * I can assess the reliability of online information. * I know what personal information is * I know why we shouldn’t share passwords * I can explain why we have rules and restrictions on technology we use. | |
| **Health and Wellbeing** | | | | | | |
| **What are the rules keep us safe? (Safety first)**   * I understand the importance of the school rules for health and safety. * I can list some dangers we face when using the road, water and railways. * I know what injuries can be treated with first aid * I know how to get help if there is an emergency including calling 999 * I know hazards at school | | **How can we keep our mind healthy (Think positive)**   * I know how to look after my mental health * I can discuss changes people may experience and how they may feel. * I can say ways people keep happy and stay calm * I can discuss what qualities you need to be a good learner. | **How can we eat well? (It’s my body)**   * I understand what is involved in a balanced lifestyle. * I know the importance of sleep * I know what happens to muscles when we exercise them. * I know I choose what happens to my body * I can explain how germs travel and diseases spread * I can say ways that I can protect my body from ill health. | | | **Drugs and Alcohol (CWP)**   * I know what smoking is and what its effects are on the body. * I understand the effects of passive smoking and the dangers that it poses for those around me. * I know some ways in which we can prevent starting smoking. |

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| **PSHE Assessment**  *Expected by End of Year 3* | | | |
| **Living in the wider world** | | | |
| **Below Expectation** | | **Above Expectation** | |
| **Relationships** | | | |
| **Below Expectation** | **Above Expectation** | **Below Expectation** | **Above Expectation** |
| **Health and wellbeing** | | | |
| **Below Expectation** | **Above Expectation** | **Below Expectation** | **Above Expectation** |