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| **PSHE Skills** *Expected by End of Year 3* |
| **Living in the Wider World** |
| **What is it like to live in Modern Britain? (Diverse Britain)*** I can describe what it is like to live in Britain
* I can talk about what democracy is
* I can talk about what rules and laws are.
* I can say what liberty means to me
* I can describe what it means by a diverse society.
* I can describe what it means to be British to me.
 | **What jobs would we like to do? (Aiming high)*** I can discuss what my personal achievements and skills are
* I can identify what a positive learning attitude is
* I can talk about a range of jobs that people do
* I can discuss what skills you need for different jobs
* I can say what I might want to do when I’m older and what skills I would need.
* I can work in groups in order to achieve shared goals.
 | **How are people the same and different around the world? (One World)*** I can describe similarities and differences between people’s lives
* I can identify opinions which are different from my own
* I can express my own opinions
* I can recognise that my actions have an impact on other people around the world
* I know what climate change is
* I know there are organisations working to help people in challenging situations around the world.
 | **Why do we need money? (Money Matters)*** I can discuss where money comes from
* I can talk about reasons that people go to work.
* I am beginning to discuss what payment resources we can use to spend money
* I can consider why and how people might get into debt
* I know that we have choices in the way that we spend our money.
* I know different ways in which we can track our money.
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| **Relationships** |
| **Can we learn from our mistakes? (Be yourself)*** I can give a list of my achievements and why I am proud of them.
* I can change my facial expressions for different emotions.
* I am able to deal with uncomfortable emotions.
* I am beginning to think of positive solutions to problems.
* I understand the messages and expectations from the media are not always realistic.
* I can suggest ways to make things right after a mistake.
* I know mistakes help me grow.
 | **Why it is important to work as a team? (TEAM)*** I can use pictures to express my thoughts, feelings and worries.
* I can plan and create a role play about a team situation.
* I can work as a team to problem solve activities.
* I am beginning to identify feelings and how they are expressed.
* With support, I can show a resolution to a dispute
* I am beginning to think of ways I can complete good deeds for others.
 | **How can we describe our feelings? (VIPs)*** I can identify a wider range of feelings, including when I have conflicting feelings.
* I am starting to develop resolution techniques.
* I understand that I can complete a selfless act.
* I am able to start noticing more emotions in those around me and how these affect friendships.
* I can respond to those feelings that others feel.
 | **What are the positive and negative of the online world (Digital Wellbeing)*** I can explain what to do if I see any online bullying
* I can explain ways in which I can communicate safely online and identify ways to get support if I feel unsafe.
* I can assess the reliability of online information.
* I know what personal information is
* I know why we shouldn’t share passwords
* I can explain why we have rules and restrictions on technology we use.
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| **Health and Wellbeing** |
| **What are the rules keep us safe? (Safety first)*** I understand the importance of the school rules for health and safety.
* I can list some dangers we face when using the road, water and railways.
* I know what injuries can be treated with first aid
* I know how to get help if there is an emergency including calling 999
* I know hazards at school
 | **How can we keep our mind healthy (Think positive)*** I know how to look after my mental health
* I can discuss changes people may experience and how they may feel.
* I can say ways people keep happy and stay calm
* I can discuss what qualities you need to be a good learner.
 | **How can we eat well? (It’s my body)*** I understand what is involved in a balanced lifestyle.
* I know the importance of sleep
* I know what happens to muscles when we exercise them.
* I know I choose what happens to my body
* I can explain how germs travel and diseases spread
* I can say ways that I can protect my body from ill health.
 | **Drugs and Alcohol (CWP)*** I know what smoking is and what its effects are on the body.
* I understand the effects of passive smoking and the dangers that it poses for those around me.
* I know some ways in which we can prevent starting smoking.
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| **PSHE Assessment***Expected by End of Year 3* |
| **Living in the wider world** |
| **Below Expectation**  | **Above Expectation** |
| **Relationships** |
| **Below Expectation** | **Above Expectation** | **Below Expectation** | **Above Expectation** |
| **Health and wellbeing** |
| **Below Expectation** | **Above Expectation** | **Below Expectation** | **Above Expectation** |