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| **PSHE Skills***Expected by End of Year 1* |
| **Living in the Wider World** |
| **What can we do with money? (Money Matters)*** I understand where money comes from
* I know what spending and saving is.
* I know how to keep money safe.
* I can discuss items that I can buy from shops
* I can say items that I want and items that I need
 | **What is the world like around us? (One World)*** I can describe what my school is like.
* I can say what natural resources are and how we use them in our world.
* I know what an environment is
* I can say what I love about the world and how I would feel if they disappear.
 | **What makes us special? (Aiming High, One World)*** I respect the similarities and differences between people.
* I am learning to manage when I am finding things difficult
* I understand how people are special.
* I can say what I am good at and what things I struggle with.
* I understand the people are unique but people have similarities.
* I can say different skills that you would need for different jobs.
* I can list some jobs that I know in my community
* I understand ways in which I can deal with loss
 | **How is everyone different? (Diverse Britain)*** I understand what different communities and groups I belong to
* I can explain how to be a good neighbour
* I can say ways in which I can harm and help our neighbourhood
* I can describe what it is like to live in Britain
* I can identify differences and similarities between British People.
* I can say what makes me proud to be British.
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| **Relationships** |
| **How do we decide to behave? (TEAM)*** I can help create some class rules.
* I know that others have needs.
* I am starting to understand about my own behaviour.
* I am working on my listening skills.
* I understand that feelings and bodies can be hurt- **link to bullying**
 | **Who are the people who care for us? (VIPS)*** I can explain the importance of families.
* I am starting to understand ways in which we can resolve an argument in a positive way.
* I know the skills that make me good at cooperation (sharing).
* I can show that I care for others in different ways.
 | **How do we feel? (Be Yourself)*** I understand some emotions that I have.
* I am starting to manage my own feelings with help from those around me.
* I know that change can be good and bad
* I can say times and situations that make me feel happy.
* I know what loss feels like.
 | **How can we stay safe online? (Digital Wellbeing)*** I can say different ways to use the internet.
* I can say different activities you can do online and offline.
* I know that there are risks when I go online.
* I can explain how to get help if I am unhappy online.
* I can say which personal information I should keep private.
* I know everything I see online is not true
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| **Health and Wellbeing** |
| **How do we keep safe? (Safety First)*** I can keep safe in different situations
* I can give advice to others on how to stay safe.
* I know the difference between a secret and a surprise
* I know some everyday dangers
* I know what to do if I feel in danger
* I know some dangers in the home and outside.
* I know that some parts of my body are private
 | **How can I keep my body healthy? (It’s my body)*** I know how much sleep I need
* I know why exercise is good for my body
* I can choose what happens to my body
* I can list some healthy snacks
* I know I can ask a trusted adult to whether or not something is safe to eat or drink.
* I know hygienic ways in which I can look after my body.
 | **Drugs and Alcohol (CWP)*** I understand ways in which we stay safe
* I know that some medicines are bad for you.
* I can identify who should be able to give us medicine.
 | **How can I make sure that I think positively? (Think Positive)*** I can discuss my personal achievements and goals.
* I can describe difficult feelings and why I might be feeling like that.
* I can discuss things for which we are thankful for.
* I am beginning to remain focused on an activity, remaining calm and still.
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| **Any extra work that you have completed this year.** |

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| **PSHE Assessment***Expected by End of Year 1* |
| **Living in the wider world** |
| **Below Expectation**  | **Above Expectation** |
| **Relationships** |
| **Below Expectation** | **Above Expectation** | **Below Expectation** | **Above Expectation** |
| **Health and wellbeing** |
| **Below Expectation** | **Above Expectation** | **Below Expectation** | **Above Expectation** |