|  |
| --- |
| **RSE Skills***Expected by End of Year 5* |
| **Feelings** |
| * I am able to identify a wide range of emotions and feelings through verbal and non-verbal cues.
* I am beginning to use strategies to control my own behaviour.
* I am starting to see other people’s points of view.
* I can ask for help if I am struggling with a situation, both in and out of class.
 |
| **Friendship/Relationships** |
| * I know which qualities are important for friendship, identifying those in myself and others.
* I know what you need in order to maintain a successful friendship.
* I can describe what peer pressure is.
* I can resist the urge to conform to peer pressure.
* I know what a family can provide for me.
* I understand the responsibilities and expectations that families have of each other.
* I can understand different family dynamics.
 |
| **Growing up** |
| * I know what menstruation and periods are.
* I understand the importance for personal hygiene.
* I know the names and functions of parts of the male and female sex organs.
* During small single sex groups, I can ask questions about my own body.
 | **CWP*** I understand the emotional and physical changes that occur during puberty,
* I understand more about male and female puberty and the changes in more detail.
* I know ways in which I can get support during puberty,
 |
| Safety |
| * I can recognise what a risk is in different situations.
* I am beginning to make judgements about whether a situation is safe or not.
 |

|  |
| --- |
| **RSE Assessment***Expected by End of Year 5* |
| **Feelings** |
| **Below Expectation**  | **Above Expectation** |
| **Friendships/Relationships** |
| **Below Expectation** | **Above Expectation** |
| **Growing Up** |
| **Below Expectation** | **Above Expectation** |
| **Safety** |
| **Below Expectation** | **Above Expectation** |