

PE Skills

Expected by End of Year 2

GAMES

(including a range of Net & Wall, Invasion and Striking & Fielding)

- Pupils can pass a ball with some accuracy and can stop/ catch a ball with control.
- They can move into a space to receive a ball and be aware of other people, sending and receiving within a game situation with growing success.
- Pupils can describe other people's movements and suggest ways to improve and know that when they exercise their heart has to work harder.

Gymnastics

- Pupils can explore, copy and remember simple actions and can use space and apparatus sensibly and safely.
- They are beginning to use some of the correct language associated with gymnastics, watching and commenting on their own and other people's work.
- Pupils can carry and place apparatus safely with guidance and understand what is happening to their body during exercise.

Dance

- Pupils can explore, copy and remember simple movement phrases with more control and coordination.
- They can use some of the correct language associated with dance and are beginning to understand the basic choreographic devices.
- Pupils can watch and comment on their own and other people's work and understand what is happening to their body during exercise