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| **PSHE Skills**  *Expected by End of Year 1* | | | | | | | | |
| **Living in the Wider World** | | | | | | | | |
| **What can we do with money? (Money Matters)**   * I understand where money comes from * I know what spending and saving is. * I know how to keep money safe. * I can discuss items that I can buy from shops * I can say items that I want and items that I need | **What is the world like around us? (One World)**   * I can describe what my school is like. * I can say what natural resources are and how we use them in our world. * I know what an environment is * I can say what I love about the world and how I would feel if they disappear. | | | **What makes us special? (Aiming High, One World)**   * I respect the similarities and differences between people. * I am learning to manage when I am finding things difficult * I understand how people are special. * I can say what I am good at and what things I struggle with. * I understand the people are unique but people have similarities. * I can say different skills that you would need for different jobs. * I can list some jobs that I know in my community * I understand ways in which I can deal with loss | | | **How is everyone different? (Diverse Britain)**   * I understand what different communities and groups I belong to * I can explain how to be a good neighbour * I can say ways in which I can harm and help our neighbourhood * I can describe what it is like to live in Britain * I can identify differences and similarities between British People. * I can say what makes me proud to be British. | |
| **Relationships** | | | | | | | | |
| **How do we decide to behave? (TEAM)**   * I can help create some class rules. * I know that others have needs. * I am starting to understand about my own behaviour. * I am working on my listening skills. * I understand that feelings and bodies can be hurt- **link to bullying** | | **Who are the people who care for us? (VIPS)**   * I can explain the importance of families. * I am starting to understand ways in which we can resolve an argument in a positive way. * I know the skills that make me good at cooperation (sharing). * I can show that I care for others in different ways. | | | **How do we feel? (Be Yourself)**   * I understand some emotions that I have. * I am starting to manage my own feelings with help from those around me. * I know that change can be good and bad * I can say times and situations that make me feel happy. * I know what loss feels like. | | **How can we stay safe online? (Digital Wellbeing)**   * I can say different ways to use the internet. * I can say different activities you can do online and offline. * I know that there are risks when I go online. * I can explain how to get help if I am unhappy online. * I can say which personal information I should keep private. * I know everything I see online is not true | |
| **Health and Wellbeing** | | | | | | | | |
| **How do we keep safe? (Safety First)**   * I can keep safe in different situations * I can give advice to others on how to stay safe. * I know the difference between a secret and a surprise * I know some everyday dangers * I know what to do if I feel in danger * I know some dangers in the home and outside. * I know that some parts of my body are private | | | **How can I keep my body healthy? (It’s my body)**   * I know how much sleep I need * I know why exercise is good for my body * I can choose what happens to my body * I can list some healthy snacks * I know I can ask a trusted adult to whether or not something is safe to eat or drink. * I know hygienic ways in which I can look after my body. | | | **Drugs and Alcohol (CWP)**   * I understand ways in which we stay safe * I know that some medicines are bad for you. * I can identify who should be able to give us medicine. | | **How can I make sure that I think positively? (Think Positive)**   * I can discuss my personal achievements and goals. * I can describe difficult feelings and why I might be feeling like that. * I can discuss things for which we are thankful for. * I am beginning to remain focused on an activity, remaining calm and still. |
| **Any extra work that you have completed this year.** | | | | | | | | |

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| **PSHE Assessment**  *Expected by End of Year 1* | | | |
| **Living in the wider world** | | | |
| **Below Expectation** | | **Above Expectation** | |
| **Relationships** | | | |
| **Below Expectation** | **Above Expectation** | **Below Expectation** | **Above Expectation** |
| **Health and wellbeing** | | | |
| **Below Expectation** | **Above Expectation** | **Below Expectation** | **Above Expectation** |