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| **RSE Skills**  *Expected by End of Year 4* | |
| **Feelings** | |
| * I know what the difference between a positive and negative feeling is. * I can express both positive and negative feelings. | |
| **Friendship/Relationships** | |
| * I know that my actions can affect friendships that I have. * I know what qualities are important in friendships. * I know that there may be conflict in friendships. * I can make a clear decision on how or who I play with. * I can give people advice on some friendship problems. | |
| **Growing up** | |
| * I know what a grown up is. * I know the similarities and differences between adults and children. * I know how a baby is made and what the terms: making love, conception and birth mean. * I can use the correct use of vocabulary when referring to these occasions. * I understand that your body changes during puberty. * I know the physical changes that your body goes through before becoming an adult. | **CWP**   * I can explore how puberty is linked to reproduction * I can explore what respect means in relationships * I can discuss characteristics of a healthy relationship |
| Safety | |
| * I am starting to understand that people can be a bad influence on me. * I know what bad pressure is from my friends. * I know it is appropriate to say no to the people around me especially if I am uncomfortable in a situation. * I am becoming more independent in getting help when I need it. | |

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| **RSE Assessment**  *Expected by End of Year 4* | |
| **Feelings** | |
| **Below Expectation** | **Above Expectation** |
| **Friendships/Relationships** | |
| **Below Expectation** | **Above Expectation** |
| **Growing Up** | |
| **Below Expectation** | **Above Expectation** |
| **Safety** | |
| **Below Expectation** | **Above Expectation** |